



Joy and Meal

Affordable everyday private cooking

Sarwar

**Cook Profile
& Meals**

For me cooking is: I love diversity and as a chef I am to elevate the culinary gold treasures from all around the world!

Home country: Afghanistan

Languages: Urdu, German, English, Russian

Level of communication: chatty

Signature dish: Bamya (Okra and tomato stew served over white Afghan rice)

Cooking style: Mediterranean & Indian

Cooking experience:

- Over 20 years experience as a Chef, including Hotel Bayerischer Hof and Käfer in Munich
- Restaurant Owner - [Mondo D'Oro](https://www.instagram.com/mondo_d_oro_munich/) in Munich Haar (https://www.instagram.com/mondo_d_oro_munich/)

Service radius: Munich city (+ 30km)

Other: [get to know Sarwar in the Süddeutsche Zeitung](#)



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